

VISIT & APPLY

Come see what makes Brevard College as unique as you are. Visit our school, our town, and our people.
www.brevard.edu/visit

ADMISSIONS

admissions@brevard.edu
(828) 884-8332 • 1 (800) 527-9090



BREVARD COLLEGE

BREVARD, NORTH CAROLINA

15
AVERAGE
CLASS SIZE

99%
OF STUDENTS
RECEIVE
FINANCIAL AID

700+
STUDENTS



WHERE IS BREVARD, NC?

Brevard College is located in the heart of the Blue Ridge Mountains in North Carolina. Surrounding this small town are waterfalls, mountain trails, and outdoor adventures.

EXPERIENCE THE DIFFERENCE



HEALTH & HUMAN PERFORMANCE



HEALTH & HUMAN PERFORMANCE PROGRAM

The **Masters of Science Degree in Health and Human Performance** builds on the strengths of the Exercise Science and Physical Education and Recreation undergraduate programs.

Coursework includes courses in understanding human health, physical education, exercise physiology, athletic performance, and statistics.

This program is designed to prepare graduates to work in a variety of settings, such as in coaching, strength and conditioning, fitness and wellness programming, personal training, recreation specialties, and some health careers.

**The Master of Science in Health and Human Performance program will begin taking applications for admission to the Fall 2021 semester. The Master of Science in Health and Human Performance is pending approval from Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) and the Department of Education (DOE). This approval could impact your ability to receive financial aid.*

CAREER OPPORTUNITIES INCLUDE:

- Exercise Physiologist
- Physical Education Teacher/Physical Education Specialists
- Fitness Specialist– Personal Trainer, Fitness Director.
- Recreation Worker.
- Dance Medicine and Science
- Policy Analysts

DEGREE REQUIREMENTS (37 HOURS)

Brevard's commitment to experiential learning allows you to both learn knowledge and experience it.

13:1
STUDENT TO
FACULTY RATIO



15
AVERAGE
CLASS SIZE

PREPARED FOR A HIGH-PERFORMANCE FUTURE

The Brevard classroom experience is defined by experiential liberal arts programs, small class sizes, highly engaged professors, and personal academic attention. A classroom can be anywhere - in a lecture hall, in the lab, in the community, or on the job.



The degree builds on foundation courses in biology, anatomy, physiology, nutrition, fitness assessment, exercise prescription, and community health and welfare to create programming strategies at the individual and community level to prevent and control disease, foster wellness, and enhance physical performance.

ENHANCING QUALITY OF LIFE

WHAT YOU'LL EXPERIENCE IN THE HHP PROGRAM

You'll learn how to educate and train students, conduct and translate research, and provide service in the areas of physical activity, preventive and rehabilitative exercise, nutrition, and health promotion.

You'll combine intensive on-campus coursework with experiential opportunities that will prepare you for the world of work.

You'll learn from faculty who are experts in the field.